**Nighttime** **Hiking at Barú Volcano**

This tour starts around 11:00 in the evening in order to finish the hiking trail that will bring you to the top of Barú Volcano, the highest point in Panama, it is 3,475 meters high. Barú National Park, founded in 1976, protects the magnificent biodiversity and thick forest of the mountainsides of the volcano. It is located in the south of the continental division between North America and South America, near Talamanca’s mountain range. The park is home to 250 species of birds which include the hummingbird, the yellow-thighed finch (Pselliophorus tibialis), black-cheeked warbler (Basileuterus melanogenys), crested eagle (Morphnus guianensis), bare-throated bellbird (Procnias nudicollis), sulphur-winged parakeet (Pyrrhura hoffmanni), and the mythological quetzal (*Pharomachrus*). In the first phase of the nighttime route, you will feel the emotion of recognizing magical images taken by trees and vegetation. When you arrive to the top, you will enjoy a majestic view, the sun rises and clouds spread little by little in order to give room to magnificent scenery that fades away into the sea. In clear days, you can have regard for both the Caribbean Sea and the Pacific Ocean. You will have time to rest and return. You will be able to see in detail the lush flora, countless types of orchids, some exotic ones, shiny bromeliads, giant oaks and huge bamboos as well as primary and secondary forests where tree branches are filled with moss, its vast valleys that are cultivated and the small city of Boquete. The route will end at approximately 11:00 in the morning of the next day with the shuttle service to the hotel.

DURATION: approximately 12 hours – 20 kilometers.

TIME: 11:00 p.m., subject to confirmation.

GUIDE: Spanish/English speaker guide.

Difficulty: from medium to high.

IT INCLUDES: shuttle service from/to the hotel, entrance to the park, hot drink at the top of the volcano.

RECOMMENDED OUTFIT: hiking shoes and clothes, sunscreen, hat, sunglasses, repellent, batteries, raincoat, windbreaker and gloves.

NOTE: temperature at the summit may range from 0 to 3 degrees. It is recommended to be bundled up. During rainy season, between April and December, trails may be muddy.